1057 students participated in the training, with 179 taking pre & post surveys.

To gauge the efficacy of our program:

**KNOWLEDGE**
- 66% increase in understanding how to be an active bystander
- 39% increase in understanding how to respond to a peer disclosing sexual violence
- 43% increase in understanding how to report sexual violence
- 56% increase in understanding healing options after experiencing sexual violence
- 39% increase in understanding how to be an active bystander
- 81% increase in understanding Title IX rights

"As I went on in the training, I felt like I could be a more helpful and supportive person and that I would know what to do if something happened to me or anyone I know. I feel confident that I can help people in all sorts of situations and I am more educated on the effects of rape culture."
- Student Participant

**ACTIONS & RESULTS**
- 38% increase in stopping a partner who was pressuring sexually
- 30% increase in understanding all of the elements that contribute to rape culture
- 26% increase in identifying negative actions, relationship models, or how sex is portrayed in the media
- 20% increase in discussing consent with a partner
- 17% increase in understanding steps to safely leave an unhealthy relationship

"This is an amazing experience and it was so beneficial for me. Your program has helped me know how to help my friend who experienced sexual assault, set boundaries with my own boyfriend and provoked some conversations about consent that we might not have had otherwise, and I have shared your program with my classmates and club members because I believe your program is something everyone should do."
- Student Participant

*read the full report*